



# Smile More Guru

## NEWSLETTER

At Lincoln Dental Care our focus is you, your smile & your comfort!

## COVID-19 UPDATE

from the dentist

### To Our Valued Patients

In these unprecedented times, every area in the country is somewhere on the “coronavirus curve” and we are no exception. The safety and wellbeing of our patients and team continue to be our number-one priority.

As the situation remains fluid as I write this note, please stay connected with us for updated information about hours and services. We care about you and this community and look forward to serving all your family’s dental health needs moving forward. We’re very grateful for your loyalty. Staying connected with you by sharing updates and information is one of the ways we can say thank you.

We hope the enclosed information helps you to feel more comfortable and confident at all future dental visits. Contact us any time by email, phone, or text to schedule or reschedule an appointment or with any questions. Connect with us on social media too!

*Yours sincerely,  
Your Lincoln Dental Care Team*

## We Always Follow The Strictest Sterilization Protocols

### Keeping you, our team & our community safe

With the worldwide spread of COVID-19, one of many emotions you may have is fear. And that’s completely understandable.

But if you’ve been to our office in recent months or need to see us for emergency care, you can be completely assured that we always take all the necessary measures to protect your health and that of our team.

This pandemic didn’t force us to follow the strictest sterilization protocols; it’s what we’ve done since day-one to protect you – our valued patient – and those you love.

Our team follows CDC and OSHA protocols to keep our office sterile (equipment, surfaces, dental chairs, even waiting-room furniture, etc.). We always wear protective gear (eyewear, gloves, and masks). And we wash our hands between each patient using the proper medical technique. All these practices continue as we book emergency-only appointments.

If you’re experiencing pain, discomfort, bleeding, or other issues (see our emergency article on page 4), reach out to us.

### STAY CONNECTED

Call: (714) 637-5222

Email: [care@lincolndentalcenter.com](mailto:care@lincolndentalcenter.com)

Follow us: [Facebook.com/LincolnDentalCare](https://www.facebook.com/LincolnDentalCare)



# What's A Dental Emergency?

## Ways our team can support your smile at this moment

Dental emergencies can be life-threatening and require “immediate treatment to stop uncontrolled tissue bleeding and alleviate severe pain or infection,” according to the *American Dental Association*.

For the health and safety of our patients, we have put all routine and non-essential services on hold. We are however open to take care of all dental emergencies, following a strict patient screening before entering our practice.

As your dental partner, we are here to help should a serious dental issue arise.

### What is an emergency?

- Any problem that causes pain or discomfort in or around your mouth
- Uncontrolled bleeding from your mouth, teeth, or gums
- Any indications of infection (redness, pain, swelling, loss of function/movement)
- Trauma to the teeth, lips, gums, or nearby tissue
- Chipped, broken, or knocked-out tooth or teeth
- Denture adjustment (if you are undergoing cancer treatment)
- Biopsy of abnormal tissue
- Orthodontic wires that are hurting you.



**If you think you have a dental emergency situation, call us immediately!**

**Toothache?** Swish with saltwater & apply a cold compress, then call us!

## office information



**Lincoln  
DENTAL  
CARE**

1122 E Lincoln Ave, Ste 114  
Orange, CA 92865-1908

### Office Hours

Monday	8:00 am	–	1:00 pm
Tuesday	8:00 am	–	1:00 pm
Wednesday	1:00 pm	–	6:00 pm
Thursday	8:00 am	–	1:00 pm
Friday	8:00 am	–	1:00 pm
Saturday	CLOSED		

### Contact Information

Office (714) 637-5222

[www.lincolndentalcenter.com](http://www.lincolndentalcenter.com)



**COMMUNICATION IS IMPORTANT  
TO US – DON'T BE  
AFRAID TO ASK QUESTIONS!**

## Important Notice

### Re: Missed Appointments

We want to thank all our patients – *you!* – for your patience at this time. It's been an unusual and difficult time with a lot of unpredictable changes.

If you've missed your scheduled dental appointment or have an upcoming appointment that you're not sure about, please call us to reschedule.

**Call: (714) 637-5222**

**Email:**

**[LincolnDentalCare@Live.com](mailto:LincolnDentalCare@Live.com)**

We always follow the CDC guidelines for infection control because the health and safety of you, our team, and our community is always our top priority. Feel free to reach out with your questions. We're happy to put you at ease.

## Shopping & Safety

Hand hygiene is your top defense against Covid-19, but what about safe grocery shopping? According to the FDA, “*there is no evidence of food or food packaging being associated with the transmission of COVID-19,*” but immunocompromised people should consider these options to heighten safety:

- Send the same 1 healthy person on grocery runs.
- Only touch what you will buy. Use disinfectant wipes in stores.
- Use delivery services or take-out to minimize shopping trips.

COVID-19 is highly susceptible to soap, so when you get home, use sudsy water to wash containers. No need for chemicals. For fruit and veggies, the CDC advises not to use soap or other disinfectants. Just rinse well under running water.

***Stay safe. Stay healthy.***