



LINCOLN DENTAL CARE  
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## POST-ENDODONTIC TREATMENT INSTRUCTIONS

*(After each visit or, after completion of root canal treatment)*

Your tooth and surrounding gum tissue may be slightly sensitive for a few days as a result of treatment and/or previous condition of the tooth. This sensitivity is normal, no need to alarm.

Upon completion of root canal treatment, the roots of the tooth have been permanently sealed. However, the outer surface of the tooth still requires a restoration. Try to avoid chewing on the treated side until your tooth is covered with a permanent, protective restoration (usually a crown). This follow-up restoration is required within 1-2 months, to protect your tooth against fractures and decay and to prevent bacterial leaks back into the root system and jeopardize the work just completed today.

Discomfort may be lessened by taking ibuprofen (Advil/Motrin), or acetaminophen (Tylenol) as directed. We recommend taking 3 tablets of ibuprofen 200 mg 3 times a day for 3 days, or 2 tablets of acetaminophen 500 mg 3 times a day for 3 days regardless of pain. If the discomfort cannot be controlled by the above listed medications, please contact our office. Have your pharmacy phone number available.